

PRE-SURGERY GUIDELINES FOR IN OFFICE SURGERY AT JANIGA MDS

1. You will be receiving prescriptions at your Pre-Op appointment. You may receive multiple prescriptions. Any controlled substance prescribed will be hand signed by Dr. Timothy Janiga and need to be **hand carried** by you to the pharmacy to get filled prior to surgery. The pharmacy will not accept any written prescriptions older than 10 days. Please fill in a timely manner. Antibiotics, stool softeners...etc. if prescribed will be sent electronically to your pharmacy that you provided our medical staff. Make sure all prescriptions have been filled and picked up prior to surgery.
2. **YOU WILL BRING ALL PRESCRIPTIONS WITH YOU TO YOUR OFFICE SURGERY.**
3. Our office will call to confirm your arrival time for surgery 2 days prior to your scheduled surgery. Knowing the correct arrival time is crucial. Your arrival time is different than your actual surgery start time. Office surgeries generally require you to arrive **ONE HOUR** prior to surgery. Please make sure this is confirmed and verified with our office if you are uncertain.
4. Arriving to your surgery an hour prior is a **REQUIREMENT** and allows you to be able to take your medications (as directed by our medical staff), numb with a topical lidocaine (if needed), and prep for surgery. **ALL MEDS WILL BE TAKEN AT OFFICE.**
5. Office surgery is **NOT** under general anesthesia. Meaning, **YES** you can eat or drink before your surgery. We highly encourage you to eat/drink prior to your arrival. A light breakfast/lunch is recommended.
6. Wear comfortable clothing the day of surgery. Preferably a blouse/shirt that buttons/zips up the front and loose pants/shorts. Blue jeans and tee shirts are not recommended.
7. **DO NOT** wear any makeup, jewelry, piercings, or contact lens the day of surgery. (Makeup must be removed prior to surgery.)
8. You will need to arrange for someone to drive you home following your surgery. This person must be an adult over the age of 18. Cab, Uber, or Lyft not allowed. If you would like us to call your driver 30 minutes prior to being done with surgery, make sure to provide us with your driver's name and number.
9. Our wish is for your Cosmetic Surgery experience to be a pleasant one. Please do not hesitate at any time prior to or during your surgery experience to ask a member of our staff any questions that you may need answered. We are available to assist you in any way possible. Our office phone number is 775-398-4600.

DAY OF SURGERY CHECK LIST

- Eat and drink
- Pack ALL medications
- Arrive 1 hour prior to surgery
- Have ride coordinated